

St Katharine with St Nicholas, Southbourne



HOLY WEEK 2025

PALM SUNDAY: 13th April

Joint with All Saints.

9.00am Meet at St Katharine's School before processing to St Nicholas' for a short act of worship and then on to St Katharine's Church, in time for:

10.30am Sung Eucharist at St Katharine's

If you do not wish to or are unable to process all the way, feel free to join for just part of the procession, or go direct to St Katharine's and wait for the arrival of the procession.



Monday 14th, Tuesday 15th & Wednesday 16th April

These are known as the 'quiet days' and are an opportunity to prepare for the most important days of the Christian year.

A Said Eucharist will be celebrated at the following times:

Monday 10.00am at St Nicholas

Tuesday 7.00pm at St Nicholas

Wednesday 10.00am at All Saints



LENT

During Lent we have been encouraged to deepen our faith and prepare for the climax of the Christian year, through prayer, fasting and almsgiving. Although these disciplines are customarily continued until the Easter Vigil, Lent actually comes to an end before the Mass of the Lord's Supper on the evening of Maundy Thursday.



THE PASCHAL TRIDUUM

These three days are when we recall the events at the heart of our faith:

The Last Supper, in which Jesus washes the feet of his disciples and then gives himself to us, in the form of bread and wine, inaugurating the Sacrament of the Mass or Eucharist.

The Passion of Our Lord, where he is arrested, mocked, flogged and then crucified, giving his life on the cross for our salvation.

The Resurrection and the glory of the empty tomb. Jesus' triumph over sin and death.

MAUNDY THURSDAY: 17th April

7.00pm Sung Mass at St Katharine's



This is followed by the procession of the Blessed Sacrament to the altar of repose and the stripping of the altars.

A watch is kept at the altar of repose until 10.00pm.

Praying at the altar of repose allows us to spend a few moments with Jesus in the garden of Gethsemane, as he prepares to offer his life for our salvation.

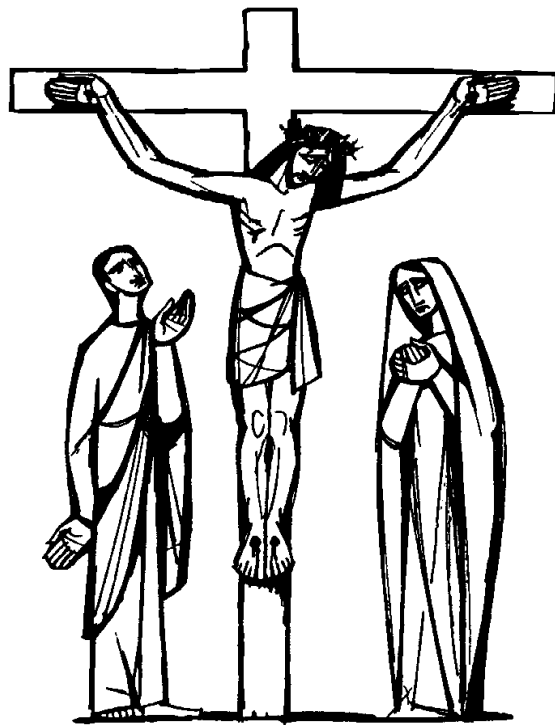


If you are unable to spend time before the altar of repose, try to spend a few minutes in prayer at home late Thursday evening or early Friday morning. Perhaps read Matthew 26: 36-56, slowly and prayerfully, and then reflect on Jesus' agony in the garden and his arrest.

GOOD FRIDAY: 18th April

9.00am Stations of the Cross at St Nicholas'

Churches Together in Southbourne Walk of Witness from St Nicholas' (c.9.45am) or St Katharine's (c.10.20am) to arrive at Fisherman's Walk for an ecumenical service at 11.15am.



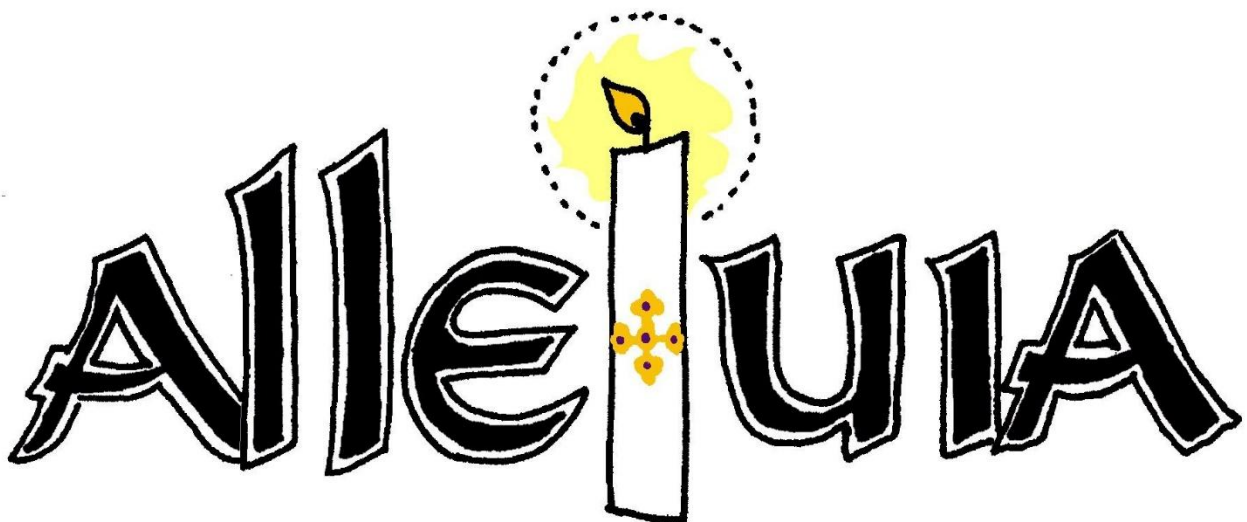
2.00pm Liturgy of the Lord's Passion at St Katharine's

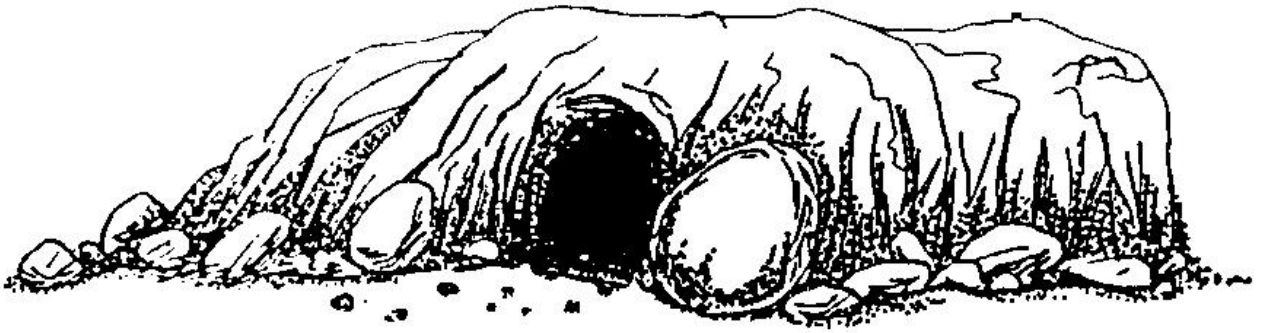
THE EASTER VIGIL: 19th April

8.00pm at St Katharine's

This is the single most important service of the year and falls into four parts:

1. The Service of Light, which includes the marking and lighting of the new Paschal candle, a symbol of Christ being raised from the dead – the Light of the World having conquered death.
2. The Liturgy of the Word, where we hear the story of God's redemptive plan of salvation in human history.
3. The Renewal of our Baptismal vows.
4. The Liturgy of the Sacrament or the first Mass of Easter, in which we celebrate anew the wonder of Christ's giving of himself in the Eucharist, that we might share in eternal life by receiving His Body and Blood, in the form of bread and wine.





EASTER DAY: 20th April

9.00am Sung Eucharist at St Nicholas'

10.30am Sung Mass at St Katharine's

HE IS RISEN
alleluia

